POP

A Community Coordinated approach to creating healthy neighbourhoods

Torbay Communities
Stronger together

SPINDL

We help citizens, organisations and partnerships work together to build their strengths.
We value relationships and the time it takes to build trust.

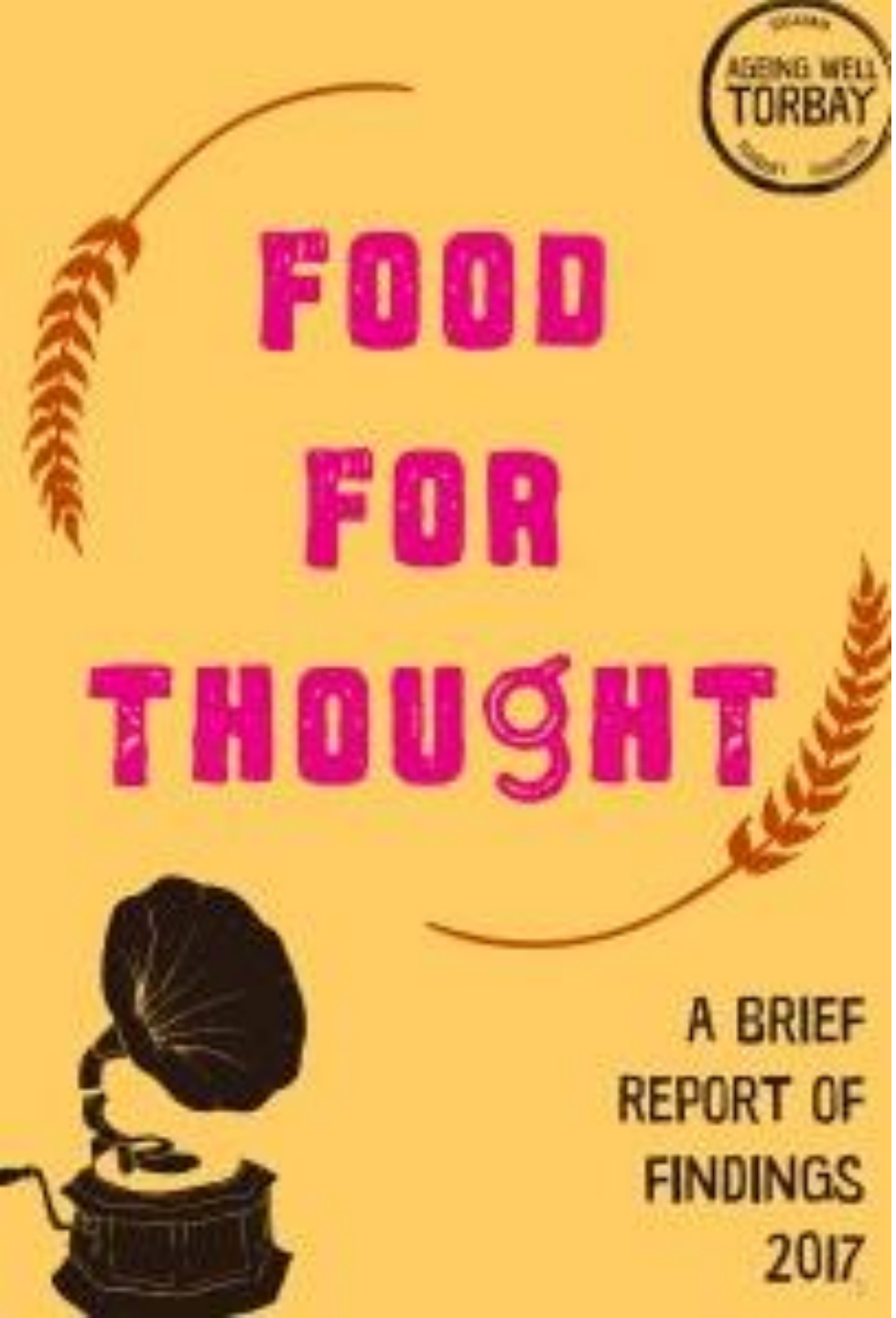
Developing age-friendly cities and communities is a proven way to create age-friendly environments.

Age-friendly cities and communities improve access to key services and enable people to be and do what they value through action across **eight domains**:

Centre for Ageing Better

Action today for all our tomorrows

- Age-friendly Communities: A handbook of principles to guide local policy and action | Centre for Ageing Better
- Mapping_Tool.pdf
- Understanding Ageing in Your Area | Centre for Ageing Better



Torbay Programme Approach

- **Engagement led - https://www.torbaycdt.org.uk/wp-content/uploads/2023/05/food-for-thought-report-awt-16pg-print-v3.pdf**
- **Participation worker – structured around the Age friendly petals**
- **Torbay Over 50`s Assembly – now the Assembly**
- **Fostering a culture of contribution**
- **Learning and impact** reports @ Torbay Communities | Ageing Well Torbay's Legacy & Learning
- Torbay Communities | Torbay Assembly – Continuing to be a voice for the people of the Bay
- Stronger Together: A Co-production Toolkit - South Yorkshire Housing Association | SYHA

Baseline Report:

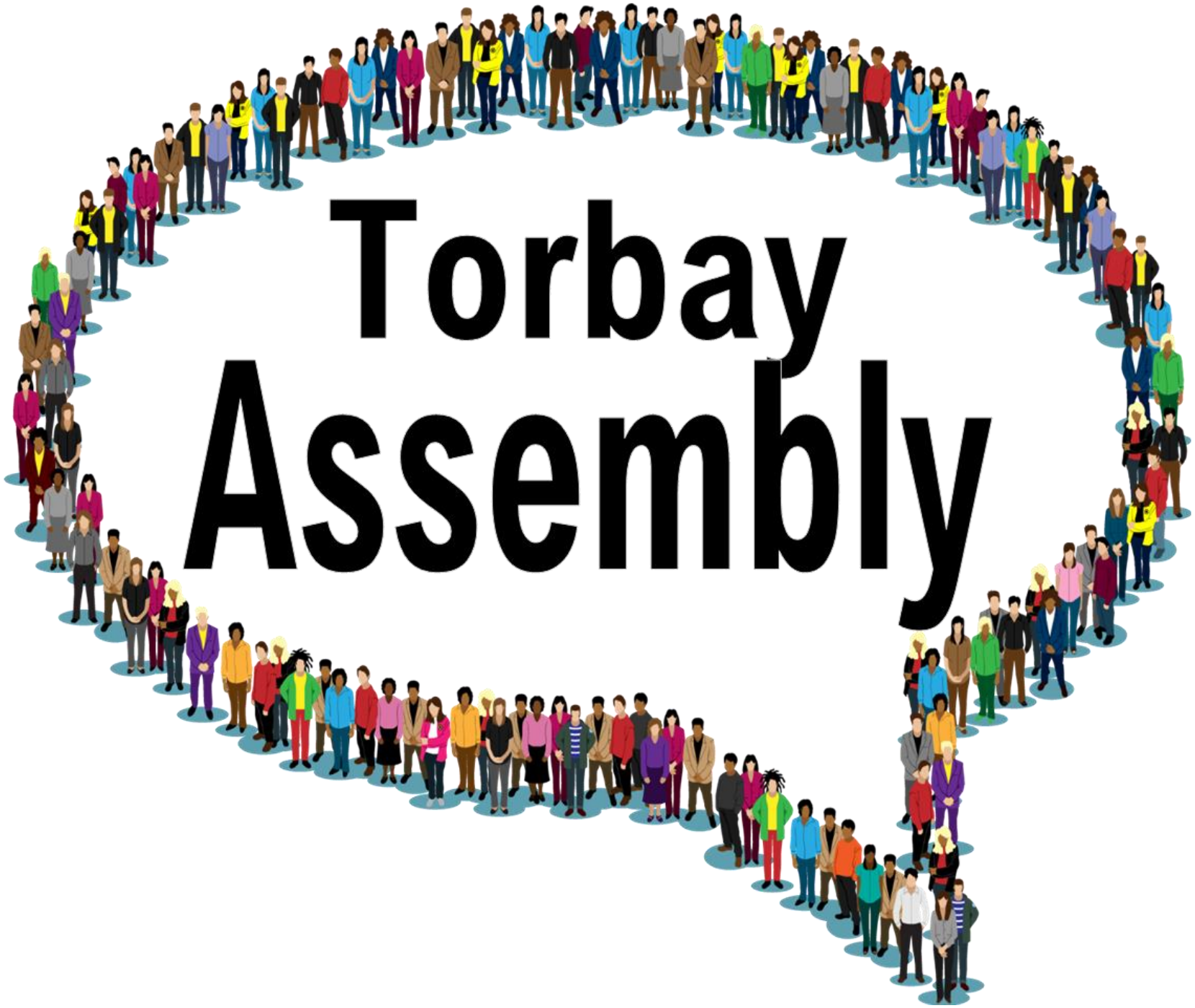
- https://ageingwelltorbay.com/wp-content/uploads/2021/05/Torbay-Age-Friendly-Baseline-Report-2021.pdf

- Leading to 3 year action plan, available on request

- Co-produced between agencies and people over 50

TOFA – Torbay Over 50`s Assembly

Series of events across Torbay run by Older people for older people, with sign up and joining for the Assembly – supported by us


Torbay
Assembly

123SHFL

Torbay Charter – co Produced and adopted but …

Torbay Charter

We commit to working together with people and organisations to progressively develop Torbay as a thriving, inspiring and vibrant place to live and work.

Key Principles and Commitments:

People are the solution

- We treat people we serve as equal partners and stakeholders and we include them in our decision-making processes.
- We acknowledge that people from a diverse range of backgrounds have the knowledge, skills and life experiences that can help to improve our communities and services.

Working together

- We create ways to work together with the people we serve to ensure that they are involved in co-designing and co-producing our services. This includes consultations, planning, review and re-design.
- We welcome discussion, debate and challenges from the community and will use this feedback to inform decision-making.
- We commit to working together to find ways through conflict.
- We acknowledge the value of working collaboratively across sectors including voluntary, charity, business and statutory sectors.
- We promote collaborative commissioning practises that create opportunities and flexible approaches in our community.
- We are inclusive and positive in our approaches so that everyone has the opportunity to become involved in developing a strong, thriving, healthy community.

Communication

- We ensure communication is timely and keep people fully updated and involved in our development processes.
- We provide information, advice and guidance that is up-to-date and relevant, in appropriate language/s, accessible formats and without jargon.
- We ensure that people have options in the ways they can communicate with us and access our services.

Accountability

- We challenge discrimination through actively identifying and changing inappropriate work practices, strategies or services so that people are not excluded or discriminated against because of their age, gender or race.
- We demonstrate a commitment to promoting services and practices which will reduce the number of people in our community who are vulnerable and therefore at risk of not engaging with our service.
- We are open and honest when we our engage with people and commit to using our resources effectively and efficiently.
- We actively remove barriers in our work culture so individuals across sectors and departments are enabled to work more collaboratively.
- We demonstrate accountability to the people we serve in Torbay and promote the principles of the Charter to all organisations and people we work with.

The central objective and commitment of the Charter is to progressively work to improve our ways of working and engaging with the people of Torbay. We will work together with you to identify and promote practises that can improve access, fairness, collaboration, active involvement, personal empowerment and delivery of better services. Please add your organisational commitments here:

Department/organisation commitments: **We commit to:**

Name:	Role:
Organisation:	
Date: Click or tap here to enter text.	Signature:
Assembly representative	Name: Click or tap here to enter text.
Date: Click or tap here to enter text.	Signature:

Torbay Community Development Trust 4-6 Temperance Street, Torquay, Devon, UK, TQ2 5PU.
www.torbaycdt.org.uk info@torbaycdt.org.uk *Registered Charity 1140896, Registered Company 07546840*

'hen local people are in the lead, communities thrive

Torbay Assembly

Let's get active

Join in

When local people lead communities thrive

Age Friendly Torbay is coordinated through the Torbay Assembly in partnership with community and statutory organisations. We are an active member of the Age Friendly UK Network and the World Health Organisation Global Network. We are working to improve engagement and communication, increase representation and improve sustainability.

We are working to improve outcomes in the areas of: EMPLOYMENT, HEALTH, SOCIAL PARTICIPATION, COMMUNICATIONS, HOUSING, ENVIRONMENT, TRANSPORT, EQUALITY & INCLUSION. Our aim is to work together with people and organisations to develop Torbay as a thriving, inspiring and vibrant place to live and work.

Community Support and Health Services:
Health, social care, volunteering

A person's health status impacts on their ability to work, participate in society and on their quality of life and relationships.

Respect and Social Inclusion:

The extent to which people participate in the social, civic and economic life of our community is closely linked to their experience of inclusion.

Civic Participation and Employment:

We need to ensure people's rights are maintained as the organisation of work, training and volunteering continues to transform our communities.

Housing:

Good housing is essential to safety and wellbeing and influences independence and people's quality of life.

Social Participation:

Social participation and social support are strongly connected to good health and wellbeing throughout life.

Outdoor Spaces and Buildings:

The outside environment and public buildings have a major impact on the mobility, independence and quality of life of people and affect their ability to 'age in place'.

Communication and Information:

Staying connected with events and people - and getting timely, practical information to manage life and meet personal needs is vital for active ageing.

Transport:

Integrating good transport with 'Liveable Communities' is important for improving access, connections, social participation and health.

Age Friendly Torbay

To discuss further or tell us your concerns please contact:
Jess Slade on 07772023170 or tofaaction@gmail.com
www.torbayassembly.com

Networks https://networkweaver.com/product/why-networks/

Why Networks?

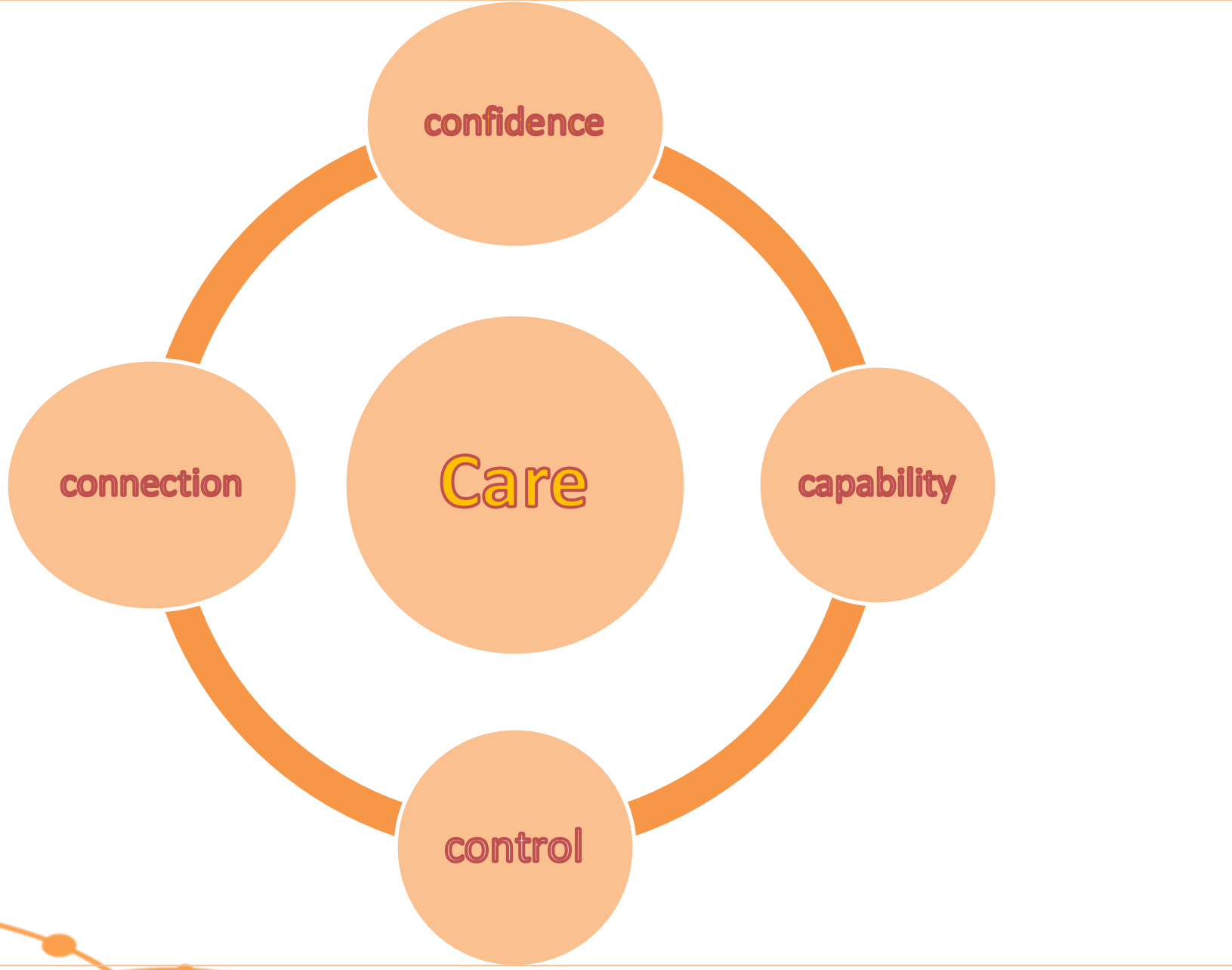
•Improve information flow.
•Increase communication and awareness of relationships.
•Open new resources
•Expand and support leadership.
•Encourage collaboration, innovation, and learning for breakthroughs.
•Increase inclusion and bridge divides.
•Result in better outcomes.
•Facilitate scale and impact
•Support learning/ evolution of ideas.

When Networks?

Network approaches focus our attention on relationships and help us connect people who haven't been connected. They encourage self-organisation so that novel solutions are generated. Network approaches are particularly useful when:

•The problem or opportunity is big
•You need new ideas
•The solution is not clear or you need to build a new system
•You need to engage people from different backgrounds

Community Weaving



SPINDL

We help citizens, organisations and partnerships work together to build their strengths. We value relationships and the time it takes to build trust.

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