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Warm Homes, Healthy Futures: Health beyond healthcare

WARM HOMES
HEALTHY FUTURES

Who is National Energy Action

National charity, working in England, Wales and Northern Ireland

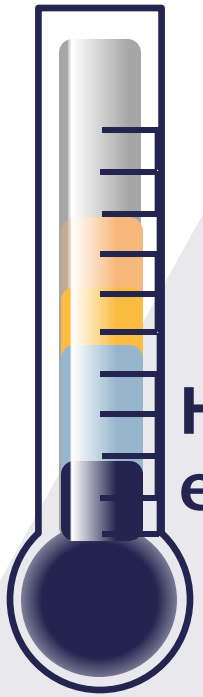
- Provides **energy advice** and **support**, in person, online and via our phone line
- Promotes **energy efficiency**
- Runs **regional projects**
- **Reports** and **analyses** information
- **Informs government policy**
- Develops **new technologies**

Cold Homes, Costly Consequences

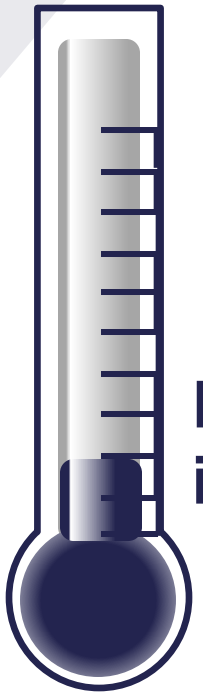
Our work **is** health work.

- Asthma and COPD flare-ups.
- Worsened cardiovascular conditions.
- Depression, anxiety, and social isolation.
- Higher fall risk and reduced recovery from illness.

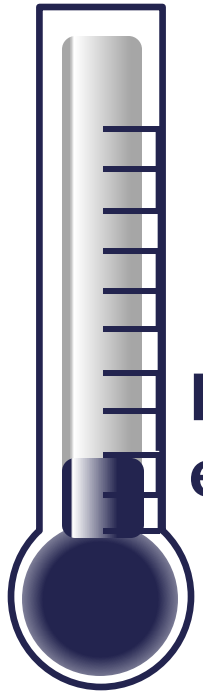
Fuel Poverty: The Context



High and rising energy costs



Low household incomes



Poor energy efficiency

One in four households

A perfect moment to unite around prevention

- National Institute for Health and Care Excellence (NICE) Guideline NG6
- Core20PLUS5
- Social Determinants of Health
- The 10 Year Health Plan

Warm homes = reduced health inequalities, lower demand on services

THE DELIVERY MODEL

healthyfutures@nea.org.uk

Client

e.g. GPs

Health and social care professionals

e.g. Social prescribers

e.g. Social workers

Network of advice services

In-depth energy and benefits advice and support including: triage, energy casework, benefit entitlement checks, servicing, Carbon Monoxide monitors

A nationally co-ordinated network of connected health and fuel poverty support

Led by National Energy Action

Warm Homes, Healthy Futures

Nationally co-ordinated network of health-connected fuel poverty support.

Support in more than 100 places.

Working with 26 delivery partners.

Connecting with more than 350 health and social care professionals.

What we're learning

Health partners want to act - but need simple referral routes.

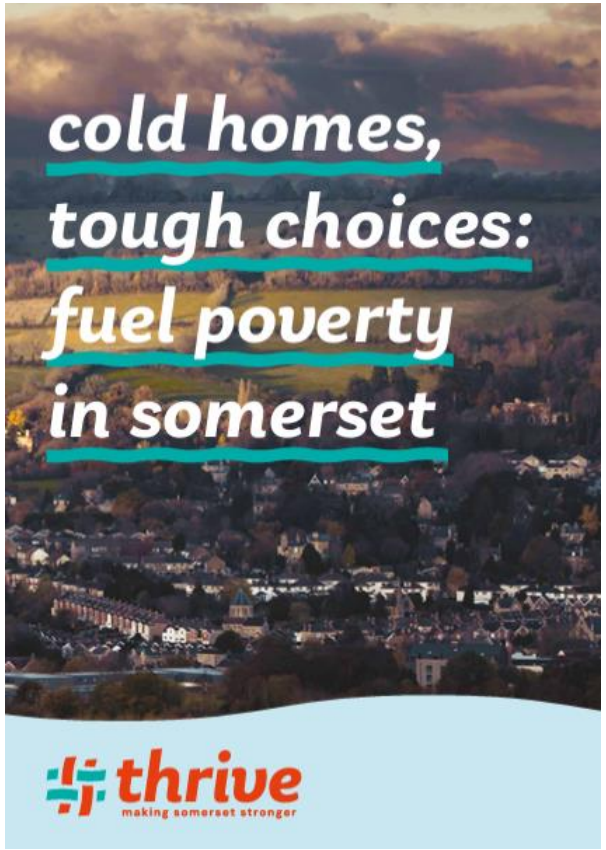
Patients trust their healthcare providers, so clinical settings are ideal entry points.

Small interventions have big effects - income maximisation, gas appliance servicing, free CO alarms.

Systems change happens locally first – local relationships are the engine of upstream working.

Warm homes deliver immediate health benefits - people feel better and have less stress and health professionals report seeing patients less.

The key question



*How do we continue to **scale** this work, **embed** it systemically and **position** warm homes as part of local and national strategy - and beyond?*

I've had a long history of depression,

Thank you

Visit www.nea.org.uk

National Energy Action is an independent charity Registration No. 290511